

SYDNEY GYMNASTIC & AQUATIC CENTRE (SGAC)

CODE OF CONDUCT – PARTICIPANTS/ATHLETES

UPDATED DECEMBER 2019

Purpose

- To ensure SGAC remains a safe and positive environment for all.
- To maintain a high standard amongst all participants/athletes and ensure they represent SGAC in a positive way

Policy

Behaviour and attitude

- Athletes must display respect and honesty towards coaches, officials, administrators, parents and fellow athletes
- Athletes must adhere to SGAC Conditions of Entry, Gym Rules & Pool Rules at all times
- Athletes should show teamwork and sportsmanship – encourage and help each other, congratulate and show genuine appreciation for everyone's skill, regardless of the outcome achieved
- SGAC has a zero-tolerance to physical/verbal violence, bullying/harassment or abuse. This includes any online bullying/harassment via social media or any other medium
- If an athlete has a concern with another team member, they must bring this to the attention of their coach or SGAC Management. No secrets, whispering or talking behind each other's back
- All athletes are required to abide by all policies/rules of Gymnastics Australia, Swim Australia and any relevant state governing bodies when attending competitions
- Be proud of SGAC and promote it positively

Punctuality

- Always arrive at classes and training on time
- If you are going to be on leave, please notify your coach

Personal Presentation, Uniform and Personal Belongings

- All athletes must wear appropriate SGAC uniform when participating in training, training camps and competitions. The **only** exclusion to this is school holiday training.
- Hair should be securely tied back neatly and off of the face. Hair for the competition should be worn as directed by coaches
- No socks or shoes to be worn on the gymnastics floor unless directed by your coach.
- With the exception of small stud earrings, no jewellery is to be worn, this is to avoid injury and damage to equipment
- SGAC is not responsible for personal belongings brought to the centre by athletes. Athletes are encouraged to leave valuable items at home or utilise lockers available

Care of equipment

- Athletes must appreciate and respect the equipment. Do not damage, deface or intentionally destroy the equipment. This includes not handling other people's personal belongings without their consent

Injuries

- All injuries are to be reported immediately to the coach so that appropriate action can be taken

Any behaviour not in line with the code of conduct may result in suspension or cancellation of the participant/athlete SGAC membership or removal or demotion from a Program.