

SGAC AQUATIC CENTRE LANE AVAILABILITY



Sydney Gymnastic & Aquatic Centre

12 North Parade, Rooty Hill, NSW 2766

02 9851 5811 / customerservice@sgac.com.au / sgac.com.au / westhq.com.au

Updated: 1 December 2021

| PROGRAM POOL | | | | | | | | | | | | | | |
|--------------|--------|-----|---------|-----|-----------|-----|----------|-----|--------|-----|----------|-----|--------|-----|
| | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | | Sunday | |
| | LAP | REC | LAP | REC | LAP | REC | LAP | REC | LAP | REC | LAP | REC | LAP | REC |
| 6:00 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | | | | |
| 6:30 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | | | | |
| 7:00 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | | | | |
| 7:30 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | | | | |
| 8:00 | 3 | 0 | 3 | 2 | 3 | 2 | 3 | 0 | 3 | 2 | 4 | 0 | 4 | 0 |
| 8:30 | 3 | 0 | 3 | 2 | 3 | 2 | 3 | 0 | 3 | 2 | 4 | 0 | 3 | 0 |
| 9:00 | 3 | 0 | 3 | 2 | 3 | 2 | 3 | 0 | 3 | 2 | 4 | 0 | 4 | 0 |
| 9:30 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 4 | 0 | 4 | 0 |
| 10:00 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 4 | 0 | 4 | 0 |
| 10:30 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 4 | 0 | 4 | 0 |
| 11:00 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 4 | 0 | 4 | 0 |
| 11:30 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 4 | 0 | 4 | 0 |
| 12:00 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 4 | 0 | 4 | 0 |
| 12:30 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 4 | 0 | 4 | 0 |
| 1:00 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 |
| 1:30 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 |
| 2:00 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 |
| 2:30 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 |
| 3:00 | | | | | | | | | | | 3 | 2 | 3 | 2 |
| 3:30 | | | | | | | | | | | 3 | 2 | 3 | 2 |
| 4:00 | | | | | | | | | | | 3 | 2 | 3 | 2 |
| 4:30 | | | | | | | | | | | 3 | 2 | 3 | 2 |
| 5:00 | | | | | | | | | | | | | | |
| 5:30 | | | | | | | | | | | | | | |
| 6:00 | | | | | | | | | | | | | | |
| 6:30 | | | | | | | | | | | | | | |
| 7:00 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | | | | |
| 7:30 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | | | | |
| 8:00 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | | | | |
| 8:30 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | | | | |

LAP = Swimming Laps in either Slow, Medium or Fast Lanes

REC = Recreational/Leisure Use

NUMBER = The number of lanes available for the activity

**Subject to Availability and changes may occur on the day*

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LEARN TO SWIM POOL

| | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | | Sunday | |
|-------|--------|-----|---------|-----|-----------|-----|----------|-----|--------|-----|----------|-----|--------|-----|
| | LAP | REC | LAP | REC | LAP | REC | LAP | REC | LAP | REC | LAP | REC | LAP | REC |
| 6:00 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | | | | |
| 6:30 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | | | | |
| 7:00 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | | | | |
| 7:30 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | | | | |
| 8:00 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 0 | 0 | 0 | 0 |
| 8:30 | | | | | | | | | | | 0 | 0 | 0 | 0 |
| 9:00 | | | | | | | | | | | 0 | 0 | 0 | 0 |
| 9:30 | | | | | | | | | | | 0 | 0 | 0 | 0 |
| 10:00 | | | | | | | | | | | 0 | 0 | 0 | 0 |
| 10:30 | | | | | | | | | | | 0 | 0 | 0 | 0 |
| 11:00 | | | | | | | | | | | 0 | 0 | 0 | 0 |
| 11:30 | | | | | | | | | | | 0 | 0 | 0 | 0 |
| 12:00 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 0 | 0 | 0 | 0 |
| 12:30 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 0 | 0 | 0 | 0 |
| 1:00 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 0 | 0 | 2 | 3 |
| 1:30 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 0 | 0 | 2 | 3 |
| 2:00 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 0 | 0 | 2 | 3 |
| 2:30 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 0 | 0 | 2 | 3 |
| 3:00 | | | | | | | | | | | 2 | 3 | 2 | 3 |
| 3:30 | | | | | | | | | | | 2 | 3 | 2 | 3 |
| 4:00 | | | | | | | | | | | 2 | 3 | 2 | 3 |
| 4:30 | | | | | | | | | | | 2 | 3 | 2 | 3 |
| 5:00 | | | | | | | | | | | | | | |
| 5:30 | | | | | | | | | | | | | | |
| 6:00 | | | | | | | | | | | | | | |
| 6:30 | | | | | | | | | | | | | | |
| 7:00 | | | | | | | | | | | | | | |
| 7:30 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | | | | |
| 8:00 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | | | | |
| 8:30 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | | | | |

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